

Supervised practice

Key to learning and professional
development

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- Many years ago on a EuroPsy meeting in Brussels.....
- Supervision and supervised practice:
 - Central in education of psychologists and psychologist specialist in Norway for decades

Outline

- Supervision and supervised practice in the Norwegian Psychologists education
- Why supervision?
- The role of the supervisor
- Supervisors education in Norway and its consequences

History



- In the beginning: Supervision in Psychotherapy
- 1960s': Psychologist degree (cand psychol)
 - Supervision and supervised practice in all disciplines (during last two year of study)

History



- 1974: Psychologists education and title regulated by law
- Supervision included as a necessary part of the education

Today's psychologist education

- 6 years
- Practitioner – Scientist model
- Integrated supervised practice (approximately one year)
- 4 universities
- 331 new students this year



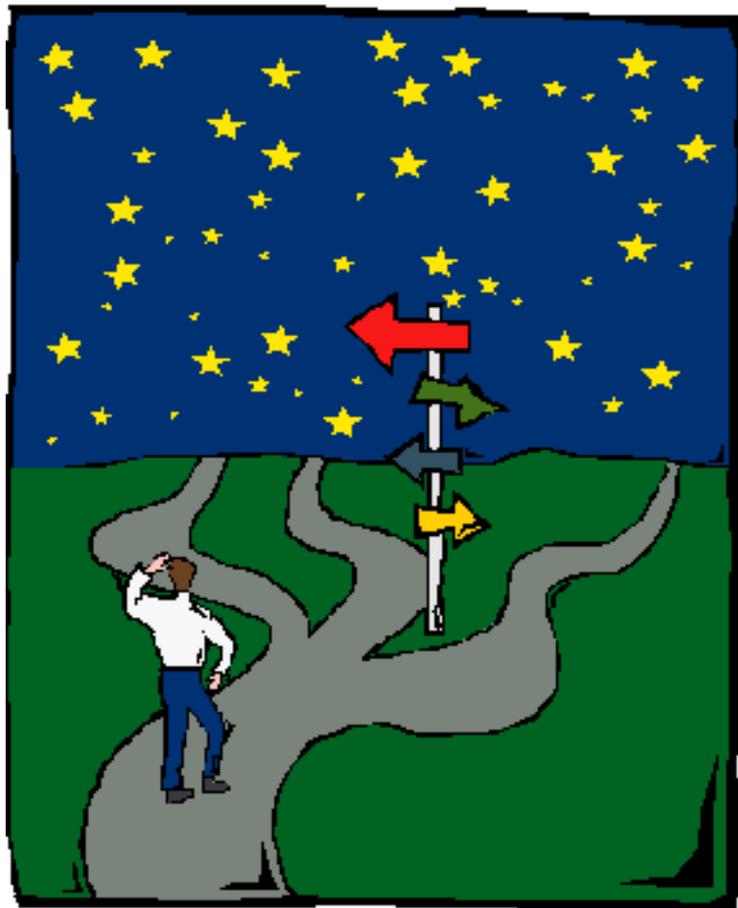
Organising supervised practice

- Universities clinics
 - Small groups of student having clients
 - Supervision in groups
- External practice
 1. Short periods (supervisor at university)
 2. Extended periods
 - One to one supervision (1 – 2 hours a week)
 - In the workplace

Why supervision/supervised practice?

- Applied psychology: providing services
- Psychologist educations are **heavy on theory**,
 - but light on practice
- Supervised practice is key to develop (theoretical) knowlegde into applied skills:
- **High quality services = High quality supervision**

The challenge



Roles of the supervisor



Roles of the supervisor



Roles of the supervisor



The balance



Supervisors education

- 1958: Specialization for psychologists
 - Qualified to supervise: Specialist
- 1996: 2 years education for supervisors →
 - about 260 supervisors educated
- Supervision is central in the specialist education

Recognition of psychologist specialists

- 2001: Psycholog specialists equal to psychiatrists in mental health care
- → Increased wages
- → More specialists

Challenges in Norway

- Supervised practice in basic education
 - Quality?
- Supervisors in the specialist education
 - Too few have the supervisor education
 - New: **More weight on the assessment role**
 - Providing support and education for the supervisors

Slovenian contribution to Europe

- Anja Podlesek and Vlasta Zabukovec
- Operationalizing the EuroPsy standard of competences
- **SUPER PSIHOLOG!**

What now?

- Further development



What now?

- Time for celebration!



- Thanks for your attention!
- Hvala za pozornost!
- Takk for oppmerksomheten!

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