



Supervizirana praksa
psihologov:
Razvoj programa
usposabljanja
mentorjev in modela
supervizirane prakse

SUPER PSIHOLOG

Projekt je financiran s strani Norveškega finančnega mehanizma 2009-2014 in nacionalnih sredstev RS.



REPUBLIKA SLOVENIJA
**SLUŽBA VLADE REPUBLIKE SLOVENIJE ZA RAZVOJ
IN EVROPSKO KOHEZIJSKO POLITIKO**



**NORSK
PSYKOLOG
FORENING**

September 25th 2015

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Homework

Tomorrow we will investigate how different supervisor strategies influence the learning and motivation of the psychologist. The best way to do this is to experience different strategies both from the position of the supervisor and from the position of the psychologist receiving supervision. We want you to prepare a difficult situation from your own work as a psychologist:

- Think about a situation with a client that you experienced as difficult or locked – or a situation giving you an uneasy or worried feeling.
 - Describe the age and the sex of the client and the problem the client presented. Describe the difficulties you experienced when you tried to help this client.
 - Describe a concrete situation illustrating the difficulties you experienced with this client; Describe the interaction between yourself and the client and highlight what made you feel bad. Imagine that you are watching the situation on film and describe what you are observing.
 - Describe what you did wrong or what you dislike about your own behavior and two observations of what you did well.
 - Imagine you are taking the film clip to your supervisor and prepare a question for supervision.
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- ***Do this in a manner which takes the client's need for anonymity into account***
 - ***Remind yourself of the need for confidentiality and respect in the training situations***

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Univerza na Primorskem, Inštitut Andrej Marušič; Inštitut za psihološko svetovalne razvojne projekte – ISA institut.